Session N.0234

20. Community-driven psychosocial support: don’t forget medication counselling!

Friday, 31 October 2014, 08:00 - 10:00

Type: Symposium
Track: Nurses and Allied Professionals (TB, HIV, Tobacco and Lung Health)
Topic: Treatment adherence

Description: Psychosocial support has been shown to improve outcomes and treatment adherence, yet TB programmes under-emphasise patient counselling. Not just as recipients of care, patients can become engaged in their treatment and those who successfully complete treatment can become skilled patient counsellors. Moreover, the term counselling may encompass various dimensions (i.e., emotional, social support, motivation, treatment literacy, medication counselling) but not be well aligned to local realities. The symposium will address this topic from diverse geographical and programmatic settings.

Target audience: Patients, civil society, doctors, nurses, social workers, pharmacists, health care providers, NTP programmes, MDR-TB programmes, Stop TB DOTS working group.

Objectives:
1. Recognise opportunities in the design and implementation of counselling and psychosocial support programmes
2. Describe the importance of patient experiences and inputs on counselling services offered
3. Identify the tools needed by health care providers, communities and patient groups for promoting adherence
4. Share lessons learnt from diverse settings with recommendations on programmatic aspects of counselling
5. Discuss various dimensions of counselling, options for prioritising interventions and research needs

Keywords: Patient counselling; psychosocial support; adherence; compliance; loss to follow-up; medication counselling; treatment literacy; medicines use review

Coordinator(s): Niranjan Konduri (USA), Antonia Kwiecien (USA)

Chair(s):

Presentations:
08:00 - 08:15 Psychosocial patient support as essential element for management of DR-TB cases
08:20 - 08:35 Patient perspective on treatment literacy, counselling and adherence
08:40 - 08:55 Counselling and adherence to an arduous treatment: lessons learnt from an HIV programme
09:00 - 09:15 Merging mental health and medication counselling
09:20 - 09:35 Medication counselling and psychosocial support as part of MDR-TB control strategy
09:40 - 09:55 Multiple dimensions of counselling and options for prioritisation and intervention